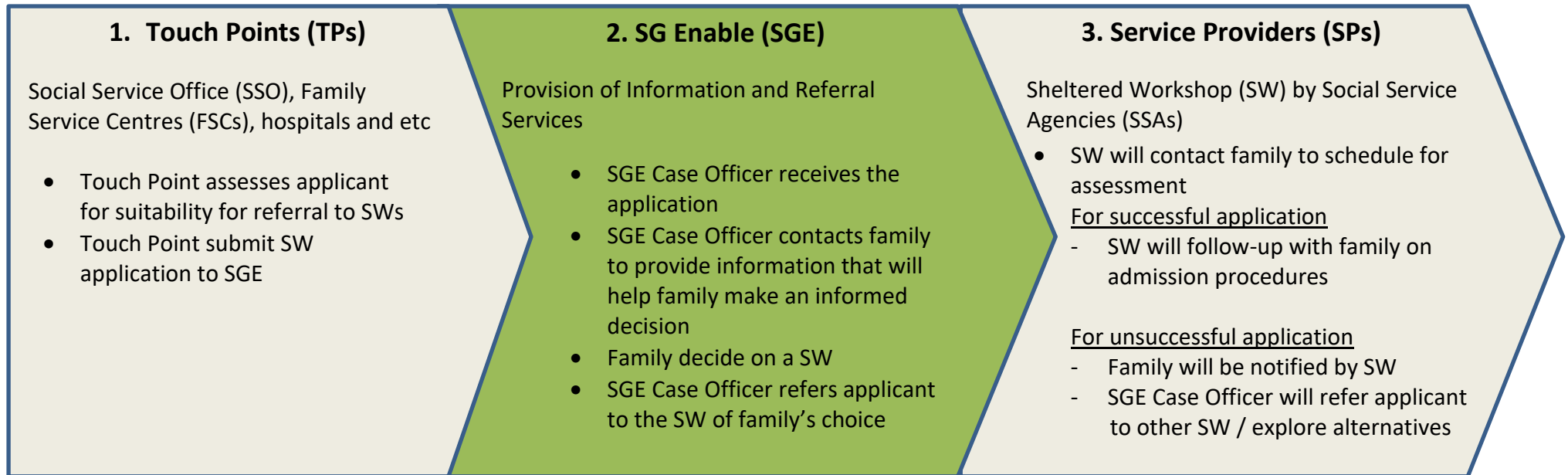


Referral process for Sheltered Workshop (SW)



Some key factors when selecting a SW

Applicant's Disability Type



- Choose a SW that caters to the applicant's disability type

Location of centre



- Find a SW that is near to the applicant's residence

Transport services



- If transport is required, ensure that the chosen SW provides transport

Overview of the guide

**Click on the page number to access more information*

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General information of SWs that serve Intellectual Disability (ID)

by Region



CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTH	NORTHEAST	EAST	CENTRAL
Name of centre		MINDS Regional Hub (Woodlands)	MINDS Regional Hub (Hougang)	APSN Centre for Adults	MINDS Regional Hub (Queenstown)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	NA	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment
Wheelchair Accessible		No	No	No	No
Transport Provided*		Yes	Yes	No	Yes
Estimated Waiting Time for Enrolment**		6 months	6 months	3 - 6 months	6 months
Vacancy**		Yes	No	Yes	No

**Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.*

***Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.*



CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		EAST			CENTRAL
Name of centre		Bizlink Sheltered Workshop	Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	THK Pan-Disability Centre @ Eunos	SPD Sheltered Workshop
Applicant's Disability type	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment	Physical Disability	Intellectual Disability, Physical Disability (Mild), Autism Spectrum Disorder (Mild), Visual/Hearing Impairment	Physical Disability, Intellectual Disability (Mild), Autism Spectrum Disorder (Mild), Partial Hearing/ Visual Impairment
	Secondary Diagnosis		Intellectual Disability (Mild)		
Wheelchair Accessible		Yes			No
Transport Provided*		Yes			Yes
Estimated Waiting Time for Enrolment**		1 year	6 weeks	6 - 9 months	1 - 2 months
Vacancy**		Low	Low	Yes	Yes

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

Additional information of Sheltered Workshop (SW)

by Agency

www.apsn.org.sg

APSN Centre for Adults

Programme details

Programme offered

Vocational Training Programmes:

- Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning & Stock take
- Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing & Stock take
- Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place & Stock take
- Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning & Operate hydroponic system
- Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging
- Contract work: Packing, Labelling, Counting, Cleaning & Stock take

Professional staff/services

- Speech Therapist (ST)
- Occupational Therapist (OT)
- Caregiver Training
- Counselling Support
- Vocational training
- Industry specific training
- Employment placement and on-site job coaching support
- Case Management
- Financial Assistance and external referrals
- Caregivers support
- Legal Aid assistance
- Medical, Eye and Dental referral support
- Care planning and Alumni Support Services (lifelong)

Service Group

Intellectual Disability
(Mild, IQ: 50 -70)

Other Requirements:

Independent in basic self-care required (for example independent in toileting, dressing, grooming, eating and making simple purchases)

Programme Hours

Full- time (Mon to Fri | 8:30AM to 4:30PM)
(Sat | 8:30AM to 2:30PM)
- APSN Café Enterprise)

Meals

Not Provided
(Halal, Vegetarian available - chargeable)

Transport details

Transport Provided

Not Available

Address

11 Jalan Ubi Blk 4 #01-31
Kembangan Chai-Chee
Comumntity Hub S(409074)

Contact details

Tel: 6346 2425
Fax: 6346 7518
cfa_admin@apsn.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]
By Bus: 60, 61, 63, 93, 94, 150



Additional information of Sheltered Workshop (SW)

Bizlink Sheltered Workshop

www.bizlink.org.sg

Programme details

Programme offered	<ul style="list-style-type: none"> - Cleaning - Data Entry - Food and Beverage - Card & Gift - Flora & Hamper - Packing - Work Therapy Programme - Vocational Skills Training (independent travelling, purchasing of food) 	Service Group	Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment
Professional staff/services	<ul style="list-style-type: none"> - Social Worker - Social service assistant, - SPED teacher - Trainers - Recreational & Leisure Activities - Community Mobility Training - Community & Independent Living Skills Training - Bizlink Philanthropic Workfare fund (Financial Assistance) - Information and Referral - Financial Assistance Referral - Assistive Technology Application 	Meals	Available & Chargeable (Halal Certified from Bizlink Café)
Transport details			
		Catchment areas	Island-wide 1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh) 2. Bizlink Transport at designated pick up point
		Type	1. Third Party Transport (Normal) 2. Bizlink Transport (Hydraulic)

Address

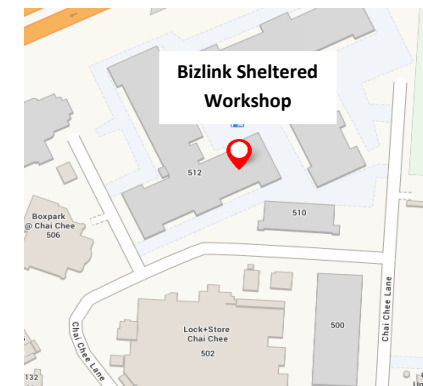
512 #01-09 Chai Chee Lane
 Bedok Industrial Estate S([469028](tel:6469028))

Contact details

Tel: 6449 5652
 Fax: 6449 5694
info@bizlink.org.sg

How to get there?

By MRT: Bedok North MRT Station [DT29]
 By Bus: 26, 222, 222B



www.cpas.org.sg

Additional information of Sheltered Workshop (SW)

**Cerebral Palsy Alliance Singapore (CPAS)
Goodwill, Rehabilitation and Occupational Workshop (GROW)**

Programme details	
<p>Programme offered</p> <ul style="list-style-type: none"> - Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art & Handicraft) - Enhance basic adaptive daily living skills - Community mobility training and life skills (e.g. purchasing of food, using public transport) 	<p>Service Group</p> <p>Physical Disability, Intellectual Disability (Mild)</p> <p>Programme Hours</p> <p>Full- time (Mon to Fri 9AM to 3PM)</p>
<p>Professional staff/services</p> <ul style="list-style-type: none"> - Occupational Therapist (OT) - Physiotherapist (PT) - Social Worker <ol style="list-style-type: none"> Information and referral Financial assistance Casework and counselling Parent/caregivers support Link with external resources - Employment placement and on-site job coaching support (1-month) 	<p>Meals</p> <p>Available</p>
Transport details	
	<p>Catchment areas</p> <p>Island-wide (Chargeable Third Party Transport, subject to availability)</p> <p>Type</p> <p>Normal/ Hydraulic</p>

Address

65 Pasir Ris Drive 1 S([519529](https://www.google.com/maps/place/65+Pasir+Ris+Drive+1,+Singapore))

Contact details

Tel: 6585 5643

Fax: 6585 5603

hqadmin@cpas.org.sg

How to get there?

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



Additional information of Sheltered Workshop (SW)

MINDS Regional Hub

Service Group

Intellectual Disability, Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment

www.minds.org.sg

Programme details

Job Nature

Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except IDEA EDC), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum

Professional staff/services

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Psychologist
- Social Worker
- Counselling support

Programme Hours

Full- time (Mon to Fri | 9AM to 4:30PM)

Meals

Available (No Pork/lard)

@ Hougang

29 Rosyth Road
S(546190)



How to get there?

By MRT: Kovan MRT Station [NE13]
By Bus: 43, 70, 76, 103, 109, 116, 147, 156

Transport details

Catchment areas
East, Northeast, Southeast and Central region

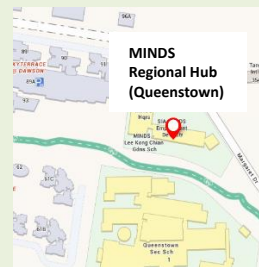
For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).

Contact details

Tel: 6282 4852
Fax: 6280 5078
iedc@minds.org.sg

@ Queenstown

800 Margaret Drive
S(149310)



How to get there?

By MRT: Redhill MRT Station [EW18]
By Bus: 32, 122

Transport details

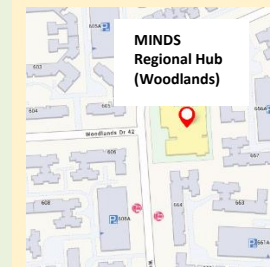
Catchment areas
West, Southwest, South and Central region

Contact details

Tel: 6473 1148
Fax: 6473 3885
smedc@minds.org.sg

@ Woodlands

30 Woodlands Ring Road, #01-02,
S(737883)



How to get there?

By MRT: Admiralty MRT Station [NS10]
By Bus: 912, 900

Transport details

Catchment areas
North, Northwest and Central region

Contact details

Tel: 6366 3966
Fax: 6366 7422
wedc@minds.org.sg

Additional information of Sheltered Workshop (SW)

by Agency

www.spd.org.sg

SPD Sheltered Workshop

Programme details

Programme offered	Packing and assembly of goods and items, document digitising, scanning, data entry, sewing, leather crafting	Service Group	Physical Disability, Intellectual Disability (Mild, IQ 50 -70) Sensory Disability (Partial Hearing/ Visual Impairment), Autism Spectrum Disorder (Mild)
	Vocational Skills Training, Independent Travelling, Purchasing of Food	Other Requirements:	<ul style="list-style-type: none"> - Independent in basic activities of daily living (BADL) and mobility - Trainable to travel independently - Ready for vocational training
Professional staff/services	<ul style="list-style-type: none"> - Workshop Supervisor - Social Worker - Occupational Therapist - Occupational Therapy (e.g. community mobility training, community/ independent living skills training) - Support Groups - Counselling - Case Management - Vocational Training (on-job-training and certification) 	Programme Hours	Full-time (Mon to Fri 8AM to 5:30PM)
		Meals	Not Available
Transport details			
		Catchment areas	SPD provides shuttle bus services for their clients at Tiong Bahru Plaza. Timing: 7AM, 7:15AM, 7:30AM, 7:40AM, 4:45PM
		Type	Wheelchair Friendly / Hydraulic

Address

2 Peng Nguan Street, SPD Ability Centre, S([168955](https://www.spd.org.sg))

Contact details

Tel: 6579 0720

Fax: 6579 0726

sws@spd.org.sg

How to get there?

By MRT: Tiong Bahru MRT Station [EW17]

By Bus: 121



Additional information of Sheltered Workshop (SW)

www.thkmc.org.sg

THK Pan-Disability Centre @ Eunos

Programme details	
<p>Programme offered</p> <ul style="list-style-type: none"> - Housekeeping training and site attachments - Baking (preparation & production team) - Administrative duties (e.g. shredding, laminating) - Contract work <p>Accompanied lunch buying, travel training for site attachments, pre-vocational training (e.g. cognitive skills, daily living skills, social skills)</p>	<p>Service Group</p> <p>Intellectual Disability, Autism Spectrum Disorder (Mild), Physical Disability (Mild), Sensory Impairments (Visual/Hearing).</p> <p>Programme Hours Full- time (Mon to Fri 9AM to 4PM)</p>
<p>Professional staff/services</p> <ul style="list-style-type: none"> - Occupational Therapist (OT) - Social Worker - Workshop Instructors - Job Coach, Employment Support - Caregiver Support - Pre-vocational skills training programme - Ad-hoc physiotherapy and speech language therapy - Social activities (e.g. soccer, Reward Shop) 	<p>Meals Available (Halal)</p>
Transport details	
<p>Catchment areas</p>	<p>Island-wide</p>
<p>Type</p>	<p>Normal</p>

Address

Blk 3 Eunos Crescent, #01-2577, S(400003)

Contact details

Tel: 6846 1171
 Fax: 6846 1121
eupdc@thkmc.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]
 By Bus: 15, 21, 25, 51, 55, 60, 61, 63, 93, 94, 854, 966

