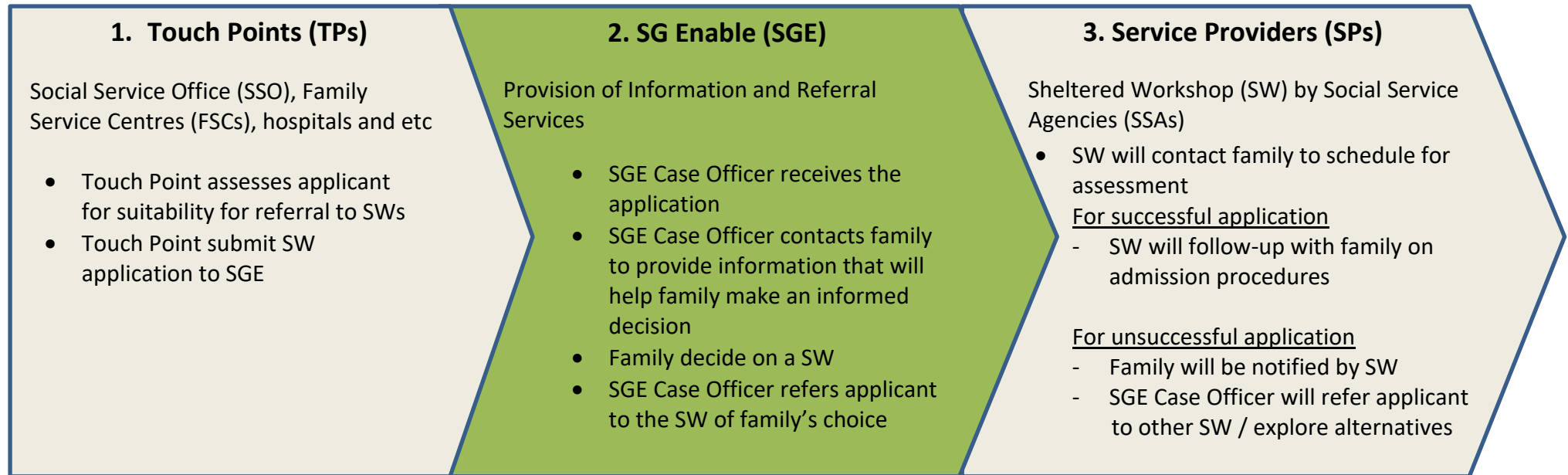


Referral process for Sheltered Workshop (SW)



Some key factors when selecting a SW

Applicant's Disability Type



- Choose a SW that caters to the applicant's disability type

Location of centre



- Find a SW that is near to the applicant's residence

Transport services



- If transport is required, ensure that the chosen SW provides transport

Overview of the guide

**Click on the page number
to access more information*

General Information by region

Sheltered Workshops that serves applicants with Intellectual Disability (ID)	3
Sheltered Workshops that serve applicants with Physical Disability (PD) / Multiple Disabilities	4

Additional Information by agency

APSN Centre for Adults	5
Bizlink Sheltered Workshop	6
Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	7
MINDS Regional Hub (Hougang)	8
MINDS Regional Hub (Queenstown)	8
MINDS Regional Hub (Woodlands)	8
SPD Sheltered Workshop	9
THK Pan-Disability Centre @ Eunos	10

General information of SWs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTH	NORTHEAST	EAST	CENTRAL
Name of centre		MINDS Regional Hub (Woodlands)	MINDS Regional Hub (Hougang)	APSN Centre for Adults	MINDS Regional Hub (Queenstown)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	Autism Spectrum Disorder (Mild), Physical Disability (Mild)	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment
Wheelchair Accessible		No	No	No	No
Transport Provided*		Yes	Yes	No	Yes
Estimated Waiting Time for Enrolment**		6 months	6 months	3 - 6 months	6 months
Vacancy**		Yes	No	Yes	No

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of SWs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		EAST			CENTRAL
Name of centre		Bizlink Sheltered Workshop	Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	THK Pan-Disability Centre @ Eunos	SPD Sheltered Workshop
Applicant's Disability type	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment	Physical Disability	Intellectual Disability, Physical Disability (Mild), Autism Spectrum Disorder (Mild), Visual/Hearing Impairment	Physical Disability, Intellectual Disability (Mild), Autism Spectrum Disorder (Mild), Partial Hearing/ Visual Impairment
	Secondary Diagnosis		Intellectual Disability (Mild)		
Wheelchair Accessible		Yes		No	Yes
Transport Provided*		Yes			Yes
Estimated Waiting Time for Enrolment**		1 year	6 weeks	6 - 9 months	1 - 2 months
Vacancy**		Low	Yes	Yes	Yes

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

Additional information of Sheltered Workshop (SW)

by Agency

APSN Centre for Adults

www.apsn.org.sg

Programme details

Programme offered

Vocational Training Programmes:

- Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning & Stock take
- Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing & Stock take
- Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place & Stock take
- Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning & Operate hydroponic system
- Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging
- Contract work: Packing, Labelling, Counting, Cleaning & Stock take

Professional staff/services

- Speech Therapist (ST)
- Occupational Therapist (OT)
- Caregiver Training
- Counselling Support
- Vocational training
- Industry specific training
- Employment placement and on-site job coaching support
- Case Management
- Financial Assistance and external referrals
- Caregivers support
- Legal Aid assistance
- Medical, Eye and Dental referral support
- Care planning and Alumni Support Services (lifelong)

Service Group

Intellectual Disability
(Mild, IQ: 50 -70)

Other Requirements:

Independent in basic self-care required
(for example independent in toileting, dressing, grooming, eating and making simple purchases)

Programme Hours Full- time (Mon to Fri | 8:30AM to 4:00PM)
(Sat | 8:30AM to 3:30PM – subject to programme)

Meals Halal, Vegetarian available - chargeable

Transport details

Transport Provided Not Available

Address

11 Jalan Ubi Blk 4 #01-31
Kembangan Chai-Chee
Comummtiy Hub S(409074)

Contact details

Tel: 6346 2425
Fax: 6346 7518
cfa_admin@apsn.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]
By Bus: 60, 61, 63, 93, 94, 150



Additional information of Sheltered Workshop (SW)

by Agency

Bizlink Sheltered Workshop

www.bizlink.org.sg

Programme details		
Programme offered	<ul style="list-style-type: none"> - Cleaning - Data Entry - Food and Beverage - Card & Gift - Flora & Hamper - Packing - Work Therapy Programme - Vocational Skills Training (independent travelling, purchasing of food) 	Service Group Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment
Professional staff/services	<ul style="list-style-type: none"> - Social Worker - Social service assistant, - SPED teacher - Trainers - Recreational & Leisure Activities - Community Mobility Training - Community & Independent Living Skills Training - Bizlink Philanthropic Workfare fund (Financial Assistance) - Information and Referral - Financial Assistance Referral - Assistive Technology Application 	Programme Hours Full- time (Mon to Fri 8:30AM to 5:30PM)
		Meals Available & Chargeable (Halal Certified from Bizlink Café)
Transport details		
	Catchment areas	Island-wide 1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh) 2. Bizlink Transport at designated pick up point
	Type	1. Third Party Transport (Normal) 2. Bizlink Transport (Hydraulic)

Address

512 #01-09 Chai Chee Lane
Bedok Industrial Estate S(469028)

Contact details

Tel: 6449 5652
Fax: 6449 5694
info@bizlink.org.sg

How to get there?

By MRT: Bedok North MRT Station [DT29]
By Bus: 26, 222, 222B



Additional information of Sheltered Workshop (SW)

by Agency

Cerebral Palsy Alliance Singapore (CPAS)

www.cpas.org.sg

Goodwill, Rehabilitation and Occupational Workshop (GROW)

Programme details			
Programme offered	<ul style="list-style-type: none"> - Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art & Handicraft) - Enhance basic adaptive daily living skills - Community mobility training and life skills (e.g. purchasing of food, using public transport) 	Service Group	Physical Disability, Intellectual Disability (Mild)
		Programme Hours	Full- time (Mon to Fri 9AM to 3PM)
Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist (OT) - Physiotherapist (PT) - Social Worker <ul style="list-style-type: none"> a) Information and referral b) Financial assistance c) Casework and counselling d) Parent/caregivers support e) Link with external resources - Employment placement and on-site job coaching support (1-month) 	Meals	Available
Transport details			
		Catchment areas	Island-wide (Chargeable Third Party Transport, subject to availability)
		Type	Normal/ Hydraulic

Address

65 Pasir Ris Drive 1 S([519529](#))

Contact details

Tel: 6585 5643

Fax: 6585 5603

hqadmin@cpas.org.sg

How to get there?

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



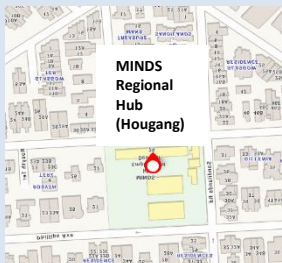
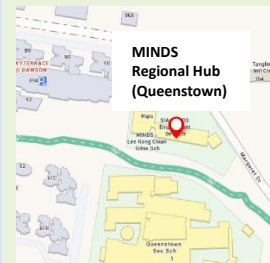
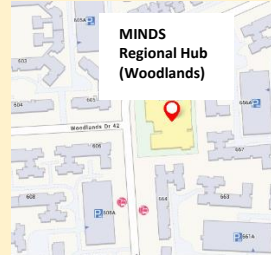
Additional information of Sheltered Workshop (SW)

by Agency

MINDS Regional Hub	Service Group	Intellectual Disability, Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	www.minds.org.sg
---------------------------	----------------------	---	--

Programme details

Job Nature	Professional staff/services	Programme Hours	Full- time (Mon to Fri 9AM to 4:30PM)
Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except @Hougang), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum	<ul style="list-style-type: none"> - Occupational Therapist (OT) - Physiotherapist (PT) - Psychologist - Social Worker - Counselling support 	Meals	Available (No Pork/lard)

<p>@ Hougang</p> <p>29 Rosyth Road S(546190)</p>  <p>How to get there? By MRT: Kovan MRT Station [NE13] By Bus: 43, 70, 76, 103, 109, 116, 147, 156</p>	<p>Transport details</p> <p>Catchment areas East, Northeast, Southeast and Central region</p> <p>For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).</p> <p>Contact details Tel: 6282 4852 Fax: 6280 5078 iedc@minds.org.sg</p>	<p>@ Queenstown</p> <p>800 Margaret Drive S(149310)</p>  <p>How to get there? By MRT: Redhill MRT Station [EW18] By Bus: 32, 122</p>	<p>Transport details</p> <p>Catchment areas West, Southwest, South and Central region</p> <p>Contact details Tel: 6473 1148 Fax: 6473 3885 smedc@minds.org.sg</p>	<p>@ Woodlands</p> <p>30 Woodlands Ring Road, #01-02, S(737883)</p>  <p>How to get there? By MRT: Admiralty MRT Station [NS10] By Bus: 912, 900</p>	<p>Transport details</p> <p>Catchment areas North, Northwest and Central region</p> <p>Contact details Tel: 6366 3966 Fax: 6366 7422 wedc@minds.org.sg</p>
---	--	---	--	---	--

Additional information of Sheltered Workshop (SW)

by Agency

SPD Sheltered Workshop

www.spd.org.sg

Programme details

Programme offered	Packing and assembly of goods and items, document digitising, scanning, data entry, sewing, leather crafting Vocational Skills Training, Independent Travelling, Purchasing of Food	Service Group Physical Disability, Intellectual Disability (Mild, IQ 50 -70) Sensory Disability (Partial Hearing/ Visual Impairment), Autism Spectrum Disorder (Mild) Other Requirements: <ul style="list-style-type: none"> - Independent in basic activities of daily living (BADL) and mobility - Trainable to travel independently - Ready for vocational training
--------------------------	--	---

Professional staff/services	<ul style="list-style-type: none"> - Workshop Supervisor - Social Worker - Occupational Therapist - Occupational Therapy (e.g. community mobility training, community/ independent living skills training) - Support Groups - Counselling - Case Management - Vocational Training (on-job-training and certification)
------------------------------------	---

Programme Hours	Full-time (Mon to Fri 8AM to 5:30PM)
Meals	Not Available

Transport details

Catchment areas	SPD provides shuttle bus services for their clients at Tiong Bahru Plaza. Timing: 7AM, 7:15AM, 7:30AM, 7:40AM, 4:45PM
Type	Wheelchair Friendly / Hydraulic

Address

2 Peng Nguan Street,
SPD Ability Centre, S([168955](http://www.spd.org.sg))

Contact details

Tel: 6579 0720
Fax: 6579 0726
sws@spd.org.sg

How to get there?

By MRT: Tiong Bahru MRT Station [EW17]
By Bus: 121



Additional information of Sheltered Workshop (SW)

by Agency

THK Pan-Disability Centre @ Eunos

www.thkmc.org.sg

Programme details			
Programme offered	<ul style="list-style-type: none">- Housekeeping training and site attachments- Baking (preparation & production team)- Administrative duties (e.g. shredding, laminating)- Contract work	Service Group	
	Accompanied lunch buying, travel training for site attachments, pre-vocational training (e.g. cognitive skills, daily living skills, social skills)	Intellectual Disability, Autism Spectrum Disorder (Mild), Physical Disability (Mild), Sensory Impairments (Visual/Hearing).	
Professional staff/services	<ul style="list-style-type: none">- Occupational Therapist (OT)- Social Worker- Workshop Instructors- Job Coach, Employment Support- Caregiver Support- Pre-vocational skills training programme- Ad-hoc physiotherapy and speech language therapy- Social activities (e.g. soccer, Reward Shop)	Programme Hours	Full- time (Mon to Fri 9AM to 4PM)
		Meals	Available (Halal)
		Transport details	
		Catchment areas	Island-wide
		Type	Normal

Address

Blk 3 Eunos Crescent, #01-2577, S([400003](http://www.thkmc.org.sg))

Contact details

Tel: 6846 1171

Fax: 6846 1121

eupdc@thkmc.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]

By Bus: 15, 21, 25, 51, 55, 60, 61, 63, 93, 94, 854, 966

