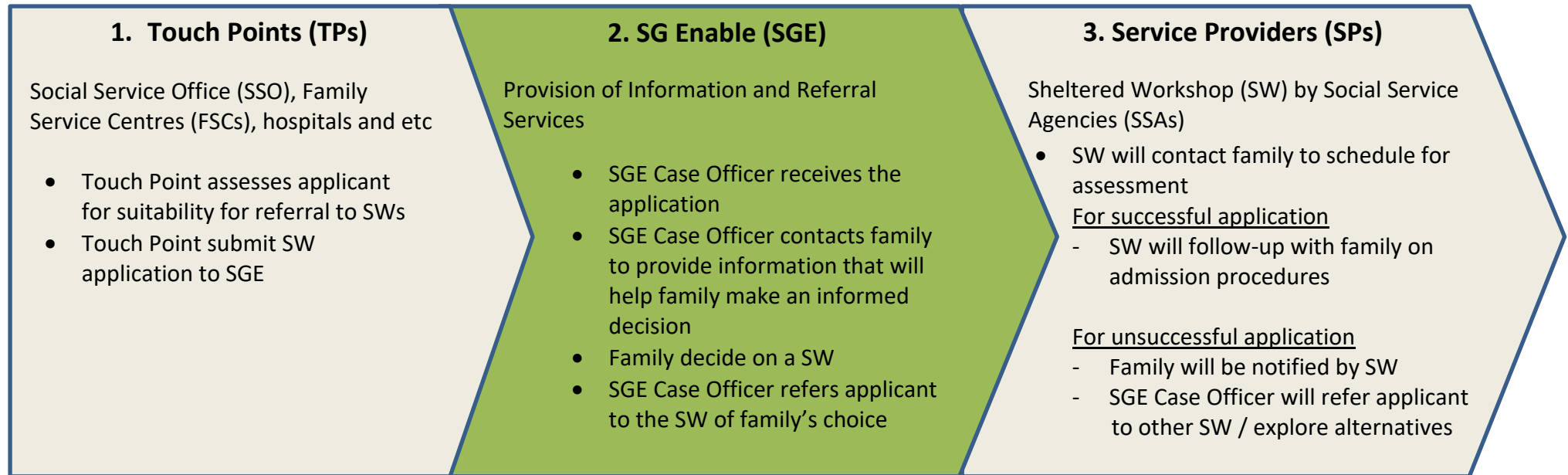


## Referral process for Sheltered Workshop (SW)



## Some key factors when selecting a SW

### Applicant's Disability Type



- Choose a SW that caters to the applicant's disability type

### Location of centre



- Find a SW that is near to the applicant's residence

### Transport services



- If transport is required, ensure that the chosen SW provides transport

**Overview of the guide**

*\*Click on the page number  
to access more information*

**General Information by region**

Sheltered Workshops that serves applicants with Intellectual Disability (ID)	<a href="#">3</a>
Sheltered Workshops that serve applicants with Physical Disability (PD) / Multiple Disabilities	<a href="#">4</a>

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Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	<a href="#">7</a>
MINDS Regional Hub (Hougang)	<a href="#">8</a>
MINDS Regional Hub (Queenstown)	<a href="#">8</a>
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SPD Sheltered Workshop	<a href="#">9</a>
THK Pan-Disability Centre @ Eunos	<a href="#">10</a>

## General information of SWs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTH	NORTHEAST	EAST	CENTRAL
Name of centre		MINDS Regional Hub (Woodlands)	MINDS Regional Hub (Hougang)	APSN Centre for Adults	MINDS Regional Hub (Queenstown)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	Autism Spectrum Disorder (Mild), Physical Disability (Mild)	Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment
Wheelchair Accessible		No	No	No	No
Transport Provided*		Yes	Yes	No	Yes
Estimated Waiting Time for Enrolment**		6 months	6 months	3 - 6 months	6 months
Vacancy**		Yes	No	Yes	No

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of SWs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		EAST			CENTRAL
Name of centre		Bizlink Sheltered Workshop	Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	THK Pan-Disability Centre @ Eunos	SPD Sheltered Workshop
Applicant's Disability type	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment	Physical Disability	Intellectual Disability, Physical Disability (Mild), Autism Spectrum Disorder (Mild), Visual/Hearing Impairment	Physical Disability, Intellectual Disability (Mild), Autism Spectrum Disorder (Mild), Partial Hearing/ Visual Impairment
	Secondary Diagnosis		Intellectual Disability (Mild)		
Wheelchair Accessible		Yes		No	Yes
Transport Provided*		Yes			Yes
Estimated Waiting Time for Enrolment**		1 year	6 weeks	6 - 9 months	1 - 2 months
Vacancy**		Low	Yes	Yes	Yes

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

**Additional information of Sheltered Workshop (SW)**

*by Agency*

**APSN Centre for Adults**

[www.apsn.org.sg](http://www.apsn.org.sg)

**Programme details**

<b>Programme offered</b>	<p>Vocational Training Programmes:</p> <ul style="list-style-type: none"> <li>- Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning &amp; Stock take</li> <li>- Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing &amp; Stock take</li> <li>- Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place &amp; Stock take</li> <li>- Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning &amp; Operate hydroponic system</li> <li>- Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging</li> <li>- Contract work: Packing, Labelling, Counting, Cleaning &amp; Stock take</li> </ul>	<p><b>Service Group</b></p> <p>Intellectual Disability (Mild, IQ: 50 -70)</p> <p><b>Other Requirements:</b></p> <p>Independent in basic self-care required (for example independent in toileting, dressing, grooming, eating and making simple purchases)</p> <p><b>Programme Hours</b></p> <p>Full- time (Mon to Fri   8:30AM to 4:00PM) (Sat   8:30AM to 3:30PM – subject to programme)</p>
<b>Professional staff/services</b>	<ul style="list-style-type: none"> <li>- Speech Therapist (ST)</li> <li>- Occupational Therapist (OT)</li> <li>- Caregiver Training</li> <li>- Counselling Support</li> <li>- Vocational training</li> <li>- Industry specific training</li> <li>- Employment placement and on-site job coaching support</li> <li>- Case Management</li> <li>- Financial Assistance and external referrals</li> <li>- Caregivers support</li> <li>- Legal Aid assistance</li> <li>- Medical, Eye and Dental referral support</li> <li>- Care planning and Alumni Support Services (lifelong)</li> </ul>	<p><b>Meals</b></p> <p>Halal, Vegetarian available - chargeable</p>
<b>Transport details</b>		
<b>Transport Provided</b>	Not Available	

**Address**

11 Jalan Ubi Blk 4 #01-31  
Kembangan Chai-Chee  
Comummtiy Hub S([409074](http://409074))

**Contact details**

Tel: 6346 2425  
Fax: 6346 7518  
[cfa\\_admin@apsn.org.sg](mailto:cfa_admin@apsn.org.sg)

**How to get there?**

By MRT: Eunos MRT Station [EW7]  
By Bus: 60, 61, 63, 93, 94, 150



**Additional information of Sheltered Workshop (SW)**

*by Agency*

**Bizlink Sheltered Workshop**

[www.bizlink.org.sg](http://www.bizlink.org.sg)

Programme details		
<b>Programme offered</b>	<ul style="list-style-type: none"> <li>- Cleaning</li> <li>- Data Entry</li> <li>- Food and Beverage</li> <li>- Card &amp; Gift</li> <li>- Flora &amp; Hamper</li> <li>- Packing</li> <li>- Work Therapy Programme</li> <li>- Vocational Skills Training (independent travelling, purchasing of food)</li> </ul>	<b>Service Group</b> Intellectual Disability, Physical Disability, Developmental Disability, Autism Spectrum Disorder, Partial Hearing/Visual Impairment
<b>Professional staff/services</b>	<ul style="list-style-type: none"> <li>- Social Worker</li> <li>- Social service assistant,</li> <li>- SPED teacher</li> <li>- Trainers</li> <li>- Recreational &amp; Leisure Activities</li> <li>- Community Mobility Training</li> <li>- Community &amp; Independent Living Skills Training</li> <li>- Bizlink Philanthropic Workfare fund (Financial Assistance)</li> <li>- Information and Referral</li> <li>- Financial Assistance Referral</li> <li>- Assistive Technology Application</li> </ul>	<b>Programme Hours</b> Full- time (Mon to Fri   8:30AM to 5:30PM)
		<b>Meals</b> Available & Chargeable (Halal Certified from Bizlink Café)
Transport details		
	<b>Catchment areas</b>	Island-wide 1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh) 2. Bizlink Transport at designated pick up point
	<b>Type</b>	1. Third Party Transport (Normal) 2. Bizlink Transport (Hydraulic)

**Address**

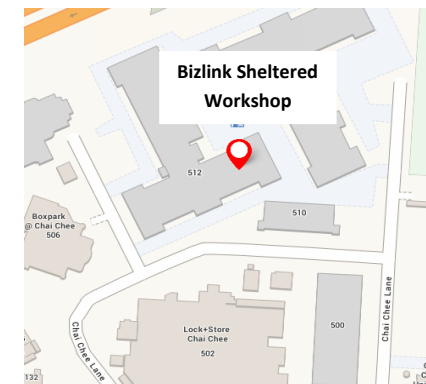
512 #01-09 Chai Chee Lane  
Bedok Industrial Estate S([469028](http://469028))

**Contact details**

Tel: 6449 5652  
Fax: 6449 5694  
[info@bizlink.org.sg](mailto:info@bizlink.org.sg)

**How to get there?**

By MRT: Bedok North MRT Station [DT29]  
By Bus: 26, 222, 222B



**Additional information of Sheltered Workshop (SW)**

*by Agency*

**Cerebral Palsy Alliance Singapore (CPAS)**

[www.cpas.org.sg](http://www.cpas.org.sg)

**Goodwill, Rehabilitation and Occupational Workshop (GROW)**

Programme details			
<b>Programme offered</b>	<ul style="list-style-type: none"> <li>- Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art &amp; Handicraft)</li> <li>- Enhance basic adaptive daily living skills</li> <li>- Community mobility training and life skills (e.g. purchasing of food, using public transport)</li> </ul>	<b>Service Group</b>	Physical Disability, Intellectual Disability (Mild)
		<b>Programme Hours</b>	Full- time (Mon to Fri   9AM to 3PM)
<b>Professional staff/services</b>	<ul style="list-style-type: none"> <li>- Occupational Therapist (OT)</li> <li>- Physiotherapist (PT)</li> <li>- Social Worker                             <ul style="list-style-type: none"> <li>a) Information and referral</li> <li>b) Financial assistance</li> <li>c) Casework and counselling</li> <li>d) Parent/caregivers support</li> <li>e) Link with external resources</li> </ul> </li> <li>- Employment placement and on-site job coaching support (1-month)</li> </ul>	<b>Meals</b>	Available
<b>Transport details</b>			
		<b>Catchment areas</b>	Island-wide (Chargeable Third Party Transport, subject to availability)
		<b>Type</b>	Normal/ Hydraulic

**Address**

65 Pasir Ris Drive 1 S([519529](#))

**Contact details**

Tel: 6585 5643

Fax: 6585 5603

[hqadmin@cpas.org.sg](mailto:hqadmin@cpas.org.sg)

**How to get there?**

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



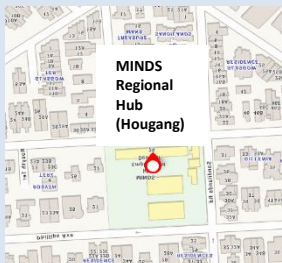
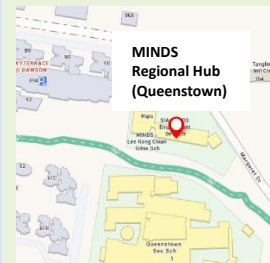
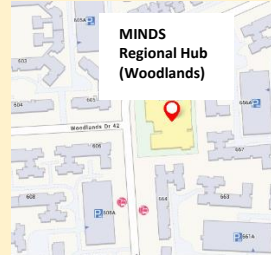
**Additional information of Sheltered Workshop (SW)**

*by Agency*

<b>MINDS Regional Hub</b>	<b>Service Group</b>	Intellectual Disability, Autism Spectrum Disorder (Mild), Cerebral Palsy (Mild), Partial Hearing Impairment	<a href="http://www.minds.org.sg">www.minds.org.sg</a>
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**Programme details**

<b>Job Nature</b>	<b>Professional staff/services</b>	<b>Programme Hours</b>	Full- time (Mon to Fri   9AM to 4:30PM)
Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except @Hougang), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum	<ul style="list-style-type: none"> <li>- Occupational Therapist (OT)</li> <li>- Physiotherapist (PT)</li> <li>- Psychologist</li> <li>- Social Worker</li> <li>- Counselling support</li> </ul>	<b>Meals</b>	Available (No Pork/lard )

<p><b>@ Hougang</b></p> <p>29 Rosyth Road S(<a href="http://546190">546190</a>)</p>  <p><b>How to get there?</b> By MRT: Kovan MRT Station [NE13] By Bus: 43, 70, 76, 103, 109, 116, 147, 156</p>	<p><b>Transport details</b></p> <p><b>Catchment areas</b> East, Northeast, Southeast and Central region</p> <p>For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).</p> <p><b>Contact details</b> Tel: 6282 4852 Fax: 6280 5078 <a href="mailto:iedc@minds.org.sg">iedc@minds.org.sg</a></p>	<p><b>@ Queenstown</b></p> <p>800 Margaret Drive S(<a href="http://149310">149310</a>)</p>  <p><b>How to get there?</b> By MRT: Redhill MRT Station [EW18] By Bus: 32, 122</p>	<p><b>Transport details</b></p> <p><b>Catchment areas</b> West, Southwest, South and Central region</p> <p><b>Contact details</b> Tel: 6473 1148 Fax: 6473 3885 <a href="mailto:smedc@minds.org.sg">smedc@minds.org.sg</a></p>	<p><b>@ Woodlands</b></p> <p>30 Woodlands Ring Road, #01-02, S(<a href="http://737883">737883</a>)</p>  <p><b>How to get there?</b> By MRT: Admiralty MRT Station [NS10] By Bus: 912, 900</p>	<p><b>Transport details</b></p> <p><b>Catchment areas</b> North, Northwest and Central region</p> <p><b>Contact details</b> Tel: 6366 3966 Fax: 6366 7422 <a href="mailto:wedc@minds.org.sg">wedc@minds.org.sg</a></p>
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## Additional information of Sheltered Workshop (SW)

by Agency

### SPD Sheltered Workshop

[www.spd.org.sg](http://www.spd.org.sg)

#### Programme details

**Programme offered**

Packing and assembly of goods and items, document digitising, scanning, data entry, sewing, leather crafting

Vocational Skills Training, Independent Travelling, Purchasing of Food

#### Service Group

Physical Disability,  
Intellectual Disability (Mild, IQ 50 -70)  
Sensory Disability (Partial Hearing/ Visual Impairment), Autism Spectrum Disorder (Mild)

#### Other Requirements:

- Independent in basic activities of daily living (BADL) and mobility
- Trainable to travel independently
- Ready for vocational training

#### Professional staff/services

- Workshop Supervisor
- Social Worker
- Occupational Therapist
- Occupational Therapy (e.g. community mobility training, community/ independent living skills training)
- Support Groups
- Counselling
- Case Management
- Vocational Training (on-job-training and certification)

#### Programme Hours

Full-time  
(Mon to Fri | 8AM to 5:30PM)

#### Meals

Not Available

#### Transport details

##### Catchment areas

SPD provides shuttle bus services for their clients at Tiong Bahru Plaza. Timing: 7AM, 7:15AM, 7:30AM, 7:40AM, 4:45PM

##### Type

Wheelchair Friendly / Hydraulic

#### Address

2 Peng Nguan Street,  
SPD Ability Centre, S([168955](https://www.spd.org.sg))

#### Contact details

Tel: 6579 0720

Fax: 6579 0726

[sws@spd.org.sg](mailto:sws@spd.org.sg)

#### How to get there?

By MRT: Tiong Bahru MRT Station [EW17]

By Bus: 121



## Additional information of Sheltered Workshop (SW)

by Agency

### THK Pan-Disability Centre @ Eunos

[www.thkmc.org.sg](http://www.thkmc.org.sg)

Programme details			
<b>Programme offered</b>	<ul style="list-style-type: none"> <li>- Housekeeping training and site attachments</li> <li>- Baking (preparation &amp; production team)</li> <li>- Administrative duties (e.g. shredding, laminating)</li> <li>- Contract work</li> </ul>	<b>Service Group</b> Intellectual Disability, Autism Spectrum Disorder (Mild), Physical Disability (Mild), Sensory Impairments (Visual/Hearing).	
	Accompanied lunch buying, travel training for site attachments, pre-vocational training (e.g. cognitive skills, daily living skills, social skills)	<b>Programme Hours</b> Full- time (Mon to Fri   9AM to 4PM)	
<b>Professional staff/services</b>	<ul style="list-style-type: none"> <li>- Occupational Therapist (OT)</li> <li>- Social Worker</li> <li>- Workshop Instructors</li> <li>- Job Coach, Employment Support</li> <li>- Caregiver Support</li> <li>- Pre-vocational skills training programme</li> <li>- Ad-hoc physiotherapy and speech language therapy</li> <li>- Social activities (e.g. soccer, Reward Shop)</li> </ul>	<b>Meals</b> Available (Halal)	
		<b>Transport details</b>	
		<b>Catchment areas</b>	Island-wide
		<b>Type</b>	Normal

#### Address

Blk 3 Eunos Crescent, #01-2577, S([400003](http://www.thkmc.org.sg))

#### Contact details

Tel: 6846 1171

Fax: 6846 1121

[eupdc@thkmc.org.sg](mailto:eupdc@thkmc.org.sg)

#### How to get there?

By MRT: Eunos MRT Station [EW7]

By Bus: 15, 21, 25, 51, 55, 60, 61, 63, 93, 94, 854, 966

